



Helping the Hungry  
since 1988

## Most Needed Items

*Regular size items are preferred*

✓	ITEM
	Peanut Butter
	Canned Soup
	Canned Vegetables
	Canned Meat (chicken, tuna)
	Canned Fruit
	Breakfast Cereal, Oatmeal, Grits
	Mac & Cheese
	Ramen Noodles
	Rice or Dried Beans
	Tomato Sauce (no glass jars)
	Pasta (elbows, spaghetti, etc)
	Granola Bars, Fruit Cups, Applesauce Cups
	Crackers
	Feminine Hygiene (pads, tampons)
	Baby Diapers, Baby Wipes
	Cat or Dog Food (Can or Dry)

Tri-Area Ministry Food Pantry is a non-denominational 501c3 non-profit, 100% volunteer organization. We rely on the generosity of businesses, churches, civic organizations and individuals to donate food to serve our clients. With your generous support we #StopHungerFeedHope.

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