



**Helping the Hungry
of Northern Wake County
since 1988**

Most Needed Items

| ✓ | ITEM |
|---|-----------------------------|
| | Peanut Butter |
| | Jelly (no glass jars) |
| | Canned Vegetables |
| | Canned Meat (chicken, tuna) |
| | Canned Fruit |
| | Breakfast Cereal |
| | Grits |
| | Oatmeal |
| | Rice |
| | Dried Beans |
| | Pasta Sauce (no glass jars) |
| | Pasta |
| | Mac & Cheese |
| | Crackers |
| | Feminine Hygiene Products |
| | Diapers (size 4,5,6 only) |
| | Baby Wipes |
| | Baby Food |

Tri-Area Ministry Food Pantry is a non-denominational 501c3 non-profit, 100% volunteer organization. We rely on the generosity of businesses, churches, civic organizations and individuals to donate food to serve our clients. With your generous support we #StopHungerFeedHope.

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